

## Parkdale Waterpark

3200 Ferndale St. Las Vegas, NV 89121 (702) 455-7523

## **GENERAL INFORMATION**

**Admission Fees** 

 Youth (3-17 YRS.)
 \$2

 Adult (18-54 YRS)
 \$3

 Senior (55+ YRS)
 \$1

## **SPECIAL EVENTS**

## **Family Theme Days**

July 3rd August 3rd Regular Admission Applies

## CLASS REGISTRATION INFORMATION

### **Session 5 Registration**

June 27th, 2024 @7:00 AM

## **Session 5 Dates**

July 8th - July 25th \*This brochure reflects

dates/times for session 5 ONLY.\*

Register Online At: <u>www.ClarkCountyNV.gov/ParksRegistration</u>

## **Water Park Hours**

Monday, Tuesday, Thursday, Saturday, Sunday 12 pm - 4 pm

> Wednesday, Friday Closed

Waterpark closes for the season Aug. 11th

\*Please note that pool hours/days of operation are subject to change/closure for inclement weather, special events, and unforeseeable events.\*

We are offering a free open swim program to qualified children and their accompanying parent/guardian at Clark County Aquatic Facilities during the 2024 summer season. Application forms and more information are available at our front desk. Water Introduction - 30 min. Recommended Age: 6 MO. - 5 YRS. Participant Ratio: 1 instructor to 10 parent/guardian & student pairs An adult MUST be in the water at all times during classes. Pool Location: Family Pool (0 to 4 feet)

**Class Goals:** To build swimming readiness by emphasizing fun in the water. Adults & children participate in guided classes together.

**Skills Included**: Safe water entry & exit, blowing bubbles, front & back floats, kicking on front & back, freestyle arm movement, underwater exploration, and basic water safety skills.

**Skills Required to Pass:** 1) Separate from a parent/guardian while taking part in group activities 2) Listen & take direction in a group setting

\*\*Children who require diapers must wear a swim diaper under their swimsuit\*\*

Day	Date	Time	Cost
M/W	7/8 - 7/24	5:15 pm	\$30



## **YOUTH SWIMMING LESSONS - 3 WEEKS**

#### Water Independence - 30 min.

**Recommended Age: 3 YRS - 8 YRS Participant Ratio:** 1 instructor to 6 participants

Pool Location: Family Pool (0 to 4 feet) Skills Required to Enter: 1) Separate from a parent/guardian while taking part in group activities 2) Listen & take direction in a group setting Class Goals: To build basic water competency with minimal support. Skills Included: Safe water entry & exit, blowing bubbles, bobs, relaxed submersion, rolling from front to back floats, streamlines on front & back, flutter kicks on front & back, proper kickboard use, basic freestyle, finning on back, jumping into water with submersion, and basic water safety skills.

**Skills Required to Pass:** 1) Jump into water, completely submerge head, resurface, and exit the pool using ladder or stairs 2) Start 10 ft. away from wall or stairs: front float for 5 seconds, roll over to a back float for 5 seconds, then swim back to start with minimal support

Day	Date	Time	Cost
M/W	7/8 - 7/24	4:15 pm	\$30
M/W	7/8 - 7/24	5:15 pm	\$30



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## Stroke Introduction - 45 min.

Recommended Age: 5 YRS - 9 YRS Participant Ratio: 1 instructor to 6 students

**Pool Location:** Family Pool & Lap Pool (4 to 9 feet)

**Skills Required to Enter:** 1) Jump into water, completely submerge head, resurface, and exit the pool using ladder or stairs 2) Start 10 ft. away from wall or stairs: front float for 5 seconds, roll over to a back float for 5 seconds, then swim back to start with minimal support **Class Goals:** To refine freestyle, introduce backstroke, swim without any support, and build confidence entering the lap pool.

**Skills Included:** Independent air recovery, rolling to back as air recovery for freestyle, longer distances for freestyle, basic backstroke, changing direction while swimming, feet-first deep water entries, introduction to treading, and basic water safety skills.

**Skills Required to Pass:** 1) Jump into lap pool and return to the wall 2) Swim approx. 12 yards of freestyle independently 2) Swim approx. 12 yards of backstroke independently

Day	Date	Time	Cost
M/W	7/8 - 7/24	4:15 pm	\$30

### Stroke Progression - 45 min.

Recommended Age: 6 YRS - 12 YRS Participant Ratio: 1 instructor to 8 students

Pool Location: Lap Pool (7 to 9 feet) Skills Required to Enter: 1) Jump into lap pool and return to the wall 2) Swim approx. 12 yards of freestyle independently 2) Swim approx. 12 yards of backstroke independently Class Goals: To refine basic swimming strokes to achieve proficiency (freestyle & backstroke), review treading, and to introduce elementary backstroke and breaststroke.

**Skills Included:** Side breathing for freestyle to improve proficiency & endurance, refined backstroke, elementary backstroke, breaststroke, basic treading, and basic water safety skills.

**Skills Required to Pass:** 1) Jump into lap pool, fully submerge, swim 12 yards of backstroke, turn around and swim freestyle with effective side breathing, then exit the pool 2) Swim 12 yards of elementary backstroke 3) Tread for 15 seconds with head above the water

Day	Date	Time	Cost
M/W	7/8 - 7/24	5:15 pm	\$30

#### Advanced Stroke Development - 45 min.

Recommended Age: 7 YRS - 12 YRS Participant Ratio: 1 instructor to 10 students

**Pool Location:** Lap Pool (7 to 9 feet) **Required Skills to Enter:** 1) Jump into lap pool, fully submerge, swim 12 yards of backstroke, turn around and swim freestyle with effective side breathing, then exit the pool 2) Swim 12 yards of elementary backstroke 3) Tread for 15 seconds with head above the water

**Class Goals:** To refine all basic swimming stokes and treading to proficiency, and to introduce sidestroke, butterfly, sitting and kneeling dives.

**Skills Included:** Refined elementary backstroke & breaststroke, introduce sidestroke, proficient treading with sculling and eggbeater kick, butterfly, sitting & kneeling dives, and basic water safety skills.

**Exit Skills Required:** 1) Tread for 1 minute 2) 5 strokes of butterfly 3) 25 yards of breaststroke 4) 25 yards of freestyle w/ effective side breathing 5) 25 yards of backstroke 6) 25 yards of elementary backstroke

Day	Date	Time	Cost
M/W	7/8 - 7/24	4:15 pm	\$30

## NOT SURE WHAT CLASS?

Scan here to help you decide!

